



~Discharge Rehab/Conditioning

Doctor: Dr. Korin Potenza, DVM, DACVSMR

Owner: West Point Thoroughbreds, LLC

Horse: [29719] ELECTOR

Trainer: Sadler, John

Date: Apr 08, 2021

Date Of Admission: Apr 07/21

Date Of Discharge: Aug 13/21

Diagnosis/Reason for Rehabilitation/Conditioning

Proximodorsal MCIII Fracture- Left forelimb

Rehabilitation Modalities Utilized

Handwalking	<input checked="" type="checkbox"/>	Solarium Infrared Light Therapy	<input type="checkbox"/>
Eurociser	<input type="checkbox"/>	Hyperbaric Oxygen Therapy	<input type="checkbox"/>
Turnout	<input type="checkbox"/>	Nebulization Therapy	<input type="checkbox"/>
Under - Saddle Program	<input type="checkbox"/>	Cryotherapy	<input type="checkbox"/>
Physical Therapy/ROM	<input type="checkbox"/>	Extracorporeal Shockwave Therapy	<input checked="" type="checkbox"/>
Core Strength/Stretching Exercises	<input type="checkbox"/>	Acupuncture	<input type="checkbox"/>
Underwater Treadmill	<input checked="" type="checkbox"/>	Functional Electrostimulation	<input type="checkbox"/>
Cold Saltwater Spa	<input type="checkbox"/>	Regenerative Medicine	<input type="checkbox"/>
Vibration Plate Therapy	<input checked="" type="checkbox"/>		

Rehabilitation/Conditioning Program Summary

Rehabilitation Summary

Elector presented to Trifecta on 4/7/21. The colt had marked increased uptake to the distal carpus/proximal metacarpus of the left forelimb on nuclear scintigraphy scan provided. He had a 1/5 left forelimb lameness and was sensitive to palpation over the proximal aspect of MCII/medial MCIII. Radiographs were obtained and a linear radiolucency consistent with non displaced fracture line was present in proximodorsomedial MC3, appreciated best in DLPMO and distal row skyline. Short and oblique, mild periosteal remodeling at the distal aspect of the fracture appreciated on DLPMO. The colt was placed on twice daily hand walking sessions. His hand walking time has increased incrementally throughout his stay. On 4/26/21, he started daily vibration plate therapy sessions. He commenced conditioning on the underwater treadmill on 6/21/21- with the program adjusted weekly for fitness and conditioning. At the time of discharge, Elector is hand walking twice daily, vertical vibration plate therapy sessions once daily and conditioning on the underwater treadmill five days per week.

Elector's progress has been monitored with routine clinical evaluations and recheck radiographs. He has healed well and the fracture line is no longer present radiographically. The colt has been jogging up comfortable and sound, palpates normally, and is negative to flexions.

Medications/Treatments

Treatments Administered: SOUNDNESS ASSESSMENTS WEEKLY

RADIOGRAPHS

4/23/21, 6/10/21, 7/27/21

EXTRACORPOREAL SHOCKWAVE THERAPY

5/12/21, 5/25/21, 6/9/21, 6/25/21

Medications Administered: ADEQUAN (5mls - IM) given weekly on Mondays

Deworming: Elector was dewormed with one dose of Strongid on 7/12/21

Vaccinations: (7/12/21) Elector was vaccinated with Calvenza FLU/RHINO (L) ser: 3260091A exp: 22 FEB 22 and Vetera WNV (R) ser: 3550028A exp: 30 DEC 21

Recommendations: It is recommended to keep Elector on Adequan injections given intramuscularly (5mls) once weekly.

Farriery

Last Shod Date: Aug 04/21

Current Shoeing: Elector was shod in steel/clips on front and trimmed on hinds

Recommendations: As per usual

Feeding/Supplements

Feeding: Elector has been fed ad libitum orchard and alfalfa hay from a net hung stall side. In addition, he has been supplemented twice daily with 1 quart Triple Crown Senior and 1 cup rice bran. He is an easy keeper.

Supplements:

Recommendations: As per usual

Weight at Admit: 1,175.00

Weight at Discharge: 1,298.00

Exercise Recommendations/Continued Rehabilitation Activity Program

A gradual return to training as is deemed appropriate for the colt given his injury and period of time off.

Recheck Recommendations

Overall Status at Discharge

At the time of discharge, Elector is in good general health and body condition. He has been conditioning well on the underwater treadmill, and is ready to resume training. He has been jogging up comfortably and sound in the shed row.



Thank you for trusting Trifecta with the sports medicine, rehabilitation, and conditioning needs of your horse. Please do not hesitate to contact us with any questions or concerns at (760) 600-5166.

Signature of Owner / Agent

Signature of Veterinarian