



SAN LUIS REY EQUINE HOSPITAL

HOW TO APPLY A DISTAL LIMB BANDAGE

1) If applicable, apply an abdominal pad (absorbent gauze pad) or telfa (non-stick pad)- depending on recommendations- over the surgery site.

2) Wrap the white gauze roll around the limb to secure the abdominal/telfa pad in place. Use even pressure that is snug but NOT overly tight. When wrapping a limb, always start at the inside, front (dorsal) aspect of the limb and work your way towards the outside and back (palmar/plantar). For example, for a left limb, you will be wrapping counter clockwise, or clockwise for a right limb.



3) Apply the rolled combine cotton around the distal limb. If your horse has a wound/incision at or below the fetlock joint, you will need to be sure the combine cotton extends to the coronary band or top of the hoof. Again, make sure the combine is applied snugly, not too loose or too tight, but with even pressure.

4) Now, apply the brown gauze so that it is snug over the combine to secure it. Start in the middle of the combine and work your way down first before working your way back up to the top of the bandage. Make sure to use even pressure all the way down the limb and back up, not making it too loose or overly tight. Leave approximately 1/2" of the combine exposed at the top and bottom.



5) Next, place vet wrap over the brown gauze- the amount of tension used should be enough that the vet wrap is not crinkled nor completely smooth and shiny, but rather in between. Start at the top of the brown gauze and work your way down before working your way back up. Again, leave 1/2" of combine exposed at the top and bottom. Do NOT apply vet wrap directly to the skin.

6) Finally, apply elastikon tape at the top and bottom of the bandage. At the top of the bandage, extend approximately 2" above the bandage with the tape onto the skin. At the bottom of the bandage, do the same. If the combine extends down close to the coronary band, make sure the elastikon tape extends down the hoof to encompass the heel and hoof wall, so as not to cut off blood supply to the coronary band and hoof. Seal the elastikon tape with white medical tape.

